

What is a Nurse Case Manager?

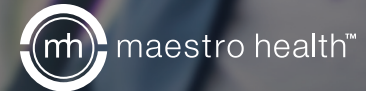
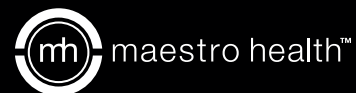
Nurse Case Managers are registered nurses who are certified in case management. The nurse assesses each person's situation with skill and accuracy to coordinate a personalized care plan and ensure quality care and lower costs.

Our Nurse Case Managers help answer all of your questions and manage your concerns.



Contact us at 800.817.2259.

Learn more at
maestrohealth.com.



CASE MANAGEMENT.

Navigating the complex healthcare system with the help of Nurse Case Managers.



What is case management?

The healthcare system can be confusing, costly and cumbersome, especially for people who suffer from chronic illness or experience serious health conditions. Case management is a program that offers the services of a Nurse Case Manager, a registered nurse certified in case management, to guide members through their search for proper care, their hospital experience and their treatment plans.

Nurse Case Managers help by:

- Identifying and removing barriers to receiving necessary care
- Walking members through their healthcare benefits and figuring out which services are covered
- Directing members to cost-effective healthcare
- Providing important background information on members' conditions or injuries
- Arranging visits to providers and coordinating complex treatment plans



We listen when they are scared, sad, confused, sick or overwhelmed. We strive to help make things better for them.

Who may benefit from this service?

While this is not a complete list, below are some of the health conditions of members who often seek out case management:

- Cancer
- Kidney Disease
- Stroke
- Head injuries
- Paralysis & coma
- Severe burns
- Long stays in the hospital
- Pregnancy with complications
- Premature babies

It's important to note that none of the information shared through this program or with your Nurse Case Manager is shared with your employer. **This program is not meant to intrude on members' privacy in any form.**

